



HELPING PEOPLE, CHANGING LIVES

Helping People. Changing Lives.
Community Action
 PARTNERSHIP
 NORTHEAST MISSOURI
 Adair • Clark • Knox • Schuyler • Scotland

2015

Annual Report

WWW.CAPNEMO.ORG

Welcome to CAPNEMO

The 2nd smallest Community Action Agency in Missouri

For the past 50 years the Community Action Partnership of Northeast Missouri (CAPNEMO) has been serving low-income community members throughout Northeast Missouri. Through programs such as Weatherization, Head Start, Energy Assistance and Community Programs, CAPNEMO has provided support and assistance in ensuring all members of our community reach their greatest potential.

Currently, 45,971 individuals live in CAPNEMO's service area with 22.35% of Northeast Missouri residents living below the poverty level. This is an 8% increase from 2000; compared to a national increase of 4.2%.

The Community Action Partnership of Northeast Missouri works to alleviate the pain of poverty, move families and of poverty and reduce the recurrence of poverty in Adair, Clark, Know, Scotland and Schuyler counties.

50th Anniversary

In 1964, The Great Society as envisioned by President Lyndon Johnson was a sweeping plan to improve the lives of all Americans, regardless of their circumstances. Inspired by

President Kennedy and his New Frontier, Johnson pledged to fulfill his promise of equal opportunity for all by enacting several comprehensive changes within the federal government. In August of that same year, the Economic Opportunity Act was signed into law by President Johnson creating the nationwide Community Action Network.

In 1965, the Northeast Missouri Community Action Agency was born. In recognition of 50 years, and to create nationwide commitment, NMCAA chose to change their name to the Community Action Partnership of Northeast Missouri, or CAPNEMO.

In October 2015, CAPNEMO opened their central office in Kirksville Missouri to the community to enjoy cake and punch, as well as office tours, and to learn more information about the services that CAPNEMO brings to Northeast Missouri.

Social Media

This year was also a big year for CAPNEMO as they jumped on the Social Media bandwagon. They launched Facebook, Twitter and Google+, as well as gave their website a completely new look.



Highlights of 2015

- 25 youth increased social skills for school and in their community
- 10 adults received employment support services and were able to obtain a job
- 358 low-income families were provided with childcare to continue work/school
- 56 individuals obtained safe and affordable housing
- 47,093 volunteer hours were given to CAPNEMO
- 349 infants/children received proper immunizations
- 120lbs of fresh produce was donated by the Community Garden

Poverty Simulations

What is a Poverty Simulation? A poverty simulation is a unique opportunity to help the community understand what life is like with a shortage of money and an abundance of stress. Many of the individuals and families in our five county service area face poverty every day. Using the simulation kit, participants role play in the lives of low-income families. Family scenarios are given out to group participants and each family is given a set time to seek services and support, obtain financial assistance, and simply decide how to spend what little money they have to survive.



Partnering with ATSU

A.T. Still University (ATSU) is the founding educational institution in Northeast Missouri for Doctors of Osteopathic Medicine. In participation with the University, CAPNEMO facilitated a poverty simulation to 167 first year medical and dental students as part of their curriculum.

CAPNEMO is the only Community Action Agency in Missouri implementing poverty simulations that target future physicians and dentists as participants. CAPNEMO is working with future medical and dental personnel to promote awareness and

demonstrate a link between the effects of poverty on individual health and wellbeing. Substandard housing, lack of home heating and cooling, consumption of inexpensive processed foods, limited quantities of available food, and the inability to pay for routine health checks or dental care can all lead to a deteriorated quality of life and numerous adverse health conditions.

31 low-income individuals participated and shared powerful personal accounts of their struggles in poverty.

FOR MORE INFORMATION:

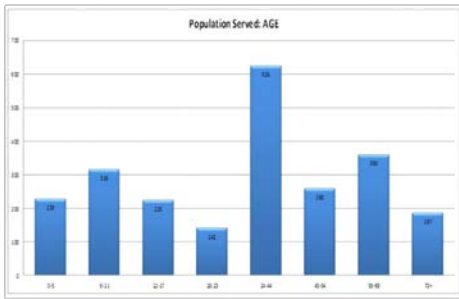
If you're interested in learning more about hosting a poverty simulation for your group or business, please contact:

TERESA ROSS
tross@capnemo.org
 (660) 665-9855 x1025

2015 Poverty Guidelines

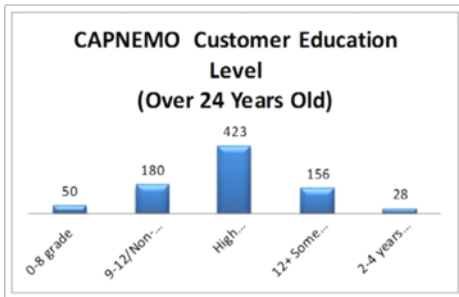
Household Size	Poverty Line				
	100%	125%	135%	175%	200%
1	11,770	14,713	15,890	20,598	23,540
2	15,930	19,913	21,506	27,878	31,860
3	20,090	25,113	27,122	35,158	40,180
4	24,250	30,313	32,738	42,438	48,500
5	28,410	35,513	38,354	49,718	56,820
6	32,570	40,713	43,970	56,998	65,140

Program limitations: 100% Head Start, 125% CSBG, 135% LIHEAP, 200% Weatherization



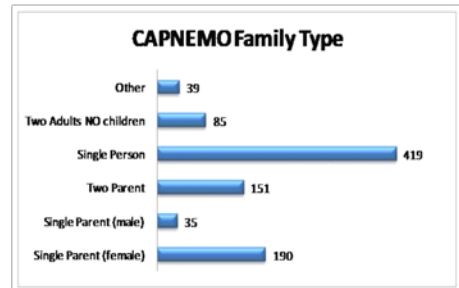
CAPNEMO Population Served

The average age of clientele served is 24-44 years old.



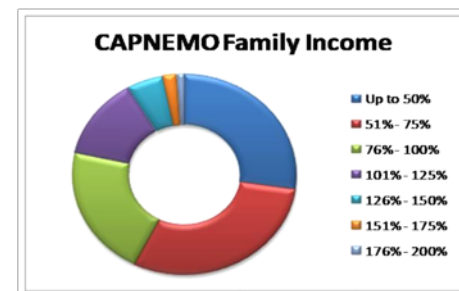
Customer Education Level

Most clients served have their High School Diploma.



Family Type Profile

Biggest population served are individuals, next to single moms.



Family Income Profile

80% of families served are at 100% poverty level or below.

Low Income Home Energy Assistance Program (LIHEAP)

The Low-Income Home Energy Assistance Program, or LIHEAP, is comprised of two components designed to aid households in need of utility and energy assistance. These programs ensure families stay safe and healthy in their homes. Benefits are based on the number of people in the household, household income, and the type of fuel used to heat the home.

- The Energy Assistance Program (EA) is a federally-funded program which assists low-income households once each winter with their home heating costs.
- The Energy Crisis Intervention Program (ECIP) provides financial assistance to households where utility services are either disconnected, or in immediate threat of being disconnected.

In 2015, the Emergency Assistance Program helped 1,559 individuals with their home heating costs in the winter, while ECIP helped an additional 1,738 individuals throughout the summer and winter months.

Emergency Services

In addition to LIHEAP service, CAPNEMO provides emergency services through the use of donated private funding from Ameren, Lewis County Rural Electric Cooperative, and Liberty Utilities. These vendors sponsor programs such as Dollar More, Keeping Current, and Share the Warmth that assist community members with their expenses related to heating and cooling. By maintaining strong working partnerships with these local vendors, CAPNEMO is able to provide assistance to residents of Northeast Missouri in times of financial stress.

CAPNEMO also provides utility, rent and mortgage services through the FEMA Emergency Food and Shelter Program. In 2015, Emergency Services assisted 66 individuals and families with their home and energy costs.

For more information on guidelines and signing up, please visit www.CAPNEMO.org.

Weatherization (WX)

In order to ensure safer, healthier, more affordable housing, CAPNEMO's Weatherization program offers the installation cost-saving, energy efficient household materials or repairs. The program is available to those who rent or own their own home or mobile home. The Weatherization program is aimed at lowering the utility costs paid by each household.

When providing service, CAPNEMO Weatherization crews will check for structural air leaks, furnace and water heater function, gas leaks, carbon monoxide levels, air seal quality, adequate attic and wall insulation. On average, weatherization repairs help homeowners reduce their energy consumption by 25-30%. In 2015,

CAPNEMO's Weatherization crews provided energy conservation measures to 67 homes.



Decreased Funding in Head Start

With 8 centers across Northeast Missouri, CAPNEMO's Head Start and Early Head Start Programs faced a significant cut in funding. In 2015, 74 slots were cut from the program, impacting over 50 families.

In addition to providing quality childcare, Head Start provides one-on-one assistance to adult caregivers, developmental screenings, medical and dental exams and follow-ups, and case management for families with children up to age five. The Early Head Start program provides childcare as well as support services to prenatal woman and families with children up to age three.

In 2015, 358 families were assisted by Head Start and Early Head Start. Both programs

work to lift families out of poverty by allowing parents to continue employment, or progress towards an educational goal. Head Start is also providing early opportunities for growth to future generations.

Head Start children and their caretakers also receive comprehensive program services which include educational program curriculum as well as social, health and nutritional services. They engage parents to become more involved in their children's learning and help them in making progress towards their educational, literacy and employment goals.



2015 Financials

2015 Fiscal Report	Allocation
Community Services Block Grant (CSBG)	\$389,083.21
Weatherization (WX)	\$86,036.42
LIHEAP – Energy Assistance	\$337,049.00
LIHEAP – Weatherization	\$86,885.00
Child and Adult Food Care Food Program (CACFP)	\$147,908.71
Family Day Care Homes (FDCH)	\$392,181.51
Head Start (Federal)	\$2,294,501.95
Early Head Start (Federal)	\$503,301.54
Early Head Start (State)	\$302,782.23
Federal Emergency Management Agency (FEMA)	\$3,461.45
Private Sector Resources	\$258,985.18
TOTAL	\$4,632,790.09

Community Services Block Grant

Community Services Block Grant (CSBG) funding provides foundational support for all of CAPNEMO's community based programs.

In 2015, CAPNEMO provided the following CSBG programs:

Jamison Street Community Garden: In a 2014 community assessment, CAPNEMO discovered that 69% of consumers reported a lack of money to purchase nutritious food. For its 6th year, CAPNEMO's Community Garden supplies the land, tools, seeds, advice and the opportunity for local residents to grow and harvest their own fresh produce, free of charge. 19 individuals maintained personal garden plots for the 2015 season. Due to the record rainfall received in the spring and early summer, the communal garden plot was nearly a loss. Only 120 lbs. of food were harvested by participants.

Poverty Simulations: CAPNEMO's Poverty Simulation is a virtual experience for participants in an effort to help them understand the harsh realities of poverty. In 2015, CAPNEMO hosted a poverty simulation for 167 first year medical and dental students at ATSU. 31 low-income participants were the "vendors" in the event and shared powerful personal accounts of their struggles in poverty. 68% mean scores from the students on their pre/post assessments showed a positive change in the perceptions felt regarding the lives of low-income people in our community.

Steps to Success: CAPNEMO's 12-week youth leadership program works closely with the counselors in local school districts. This program is for students ages 14-17. The Steps to Success program promotes self-empowerment, team work, tolerance, community volunteering and post-secondary educational goals. 25 youth graduated from the program in 2015 from Clark, Knox and Scotland counties, and exhibited improved social skills and civic responsibility. Graduates were presented with a laptop and a certificate of completion by James Robertson, CAPNEMO's Board President.

Community Education Classes: CAPNEMO started offering community life skills classes. A survey was provided to families to let us know what skills they'd like to improve on. The top 3 classes were Tenant/Landlord Law, Budgeting and Positive Parenting. Throughout the summer classes there were 87 total participants. Participants needed to be registered for the class and be present the entire time to receive the \$10 gas card.

Savvy Senior Program: CAPNEMO also started a program for Seniors to educate them on information they need to stay safe. A class on how to read your Medicare benefits and how to avoid scams was given in Adair county with 3 participants. CAPNEMO plans to expand this program in 2016.

AROUND CSBG



MACA Conference

Megan Wendling, a Clark County Counselor received the "Outstanding Community Service" Award through CAPNEMO for her service to the Steps to Success Program.



Jamison Street Garden

The Community Garden was started to help families grow and harvest their own fresh vegetables to supplement their lack of money to buy nutritious foods.

Agency Development

CAPNEMO continues to build its capacity to better serve Northeast Missouri communities. Each year CAPNEMO staff achieve professional certifications and attend professional development trainings to stay current on issues affecting low-income populations. In addition, CAPNEMO works in partnership with numerous community organizations in an effort to provide comprehensive support services to its customers.

In 2015, CAPNEMO had 8 Certified Community Action Professionals (CCAP), 2 Certified Results Oriented Management and

Accountability Trainers (ROMA), 4 Certified Family Development Credentialing staff (FDC), and 3 Certified Child Development Staff.

141 Staff Members attended professional development training receiving 3,274 hours of information designed to improve job performance.

In addition to staff development, CAPNEMO received 47,093 hours of volunteer time to better services in the community.

CAPNEMO's 12-member Board of Directors met bimonthly to oversee fiscal and operational functioning.



Community Education

Providing training on important topics was a big goal in 2015. Topics included Tenant/Landlord Law, Budgeting and Positive Parenting.

PROMISE

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people to help themselves and each other.



Mission Statement

To assist and empower individuals, families and communities to achieve their greatest potential.

Our Vision

Our vision is a better way of life!

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